

1. On your home screen of your phone, locate the Google Play Store or App Store.
2. Open and search for 5 Calls App. Click the button to install.
3. Click to open.
4. Enter your zip code.
5. The app will bring up issues that are of concern. Top issues comes up first. Go to the right to click on the lines forming an upside down triangle and scroll down to Environment. Click on that.
6. It will come up, "Urge Congress to Act on the Climate Change Crisis. There are 3 calls to make.
7. Click on the issue. There is an explanation of the urgency of action needed by our leaders.
8. Then, it lists your representatives in Congress in your area.
9. Take note of whether the representative is in the house or senate, as the script differs for each.
10. Click on the circle to the right of the representative's name.
11. Both a Washington and local office # will appear. It's recommended you call the Washington office first. If you can't get through, try the local office.
12. Tap the Washington # in red, which will place it in location to dial.
13. Put your phone on speaker.
14. Read from the script provided beginning with, "Hi, my name is.. And continue with the correct version of the script depending on whether the member is in the House or Senate.
15. After your call, click to enter your result.
16. The screen goes back to the list of representatives.
17. Repeat with the next representative.
18. At the end of your calls, you will then be prompted to decide whether or not you wish to receive notifications on upcoming votes.